- In 1977, 35% of fathers in dual-earner families reported work-life conflict. By 2008, that number increased to 60%
- 59% of parents who work 35-40 hours per week feel they do not spend enough time with their children
- American fathers have increased the time they spend with their children during the workday by 65% over the past 30 years
- Women spend an average of 66 minutes per day providing physical care to children, while men spend less than half that amount, in households with children under six
- Studies show father's increased engagement in caregiving activities boosts a variety of social, emotional, cognitive, and behavioral outcomes for children
- Children show higher test scores and better cognitive achievement in homes where fathers take on 40% or more of the caregiving responsibility

From 2016 "State of America's Fathers" report by Promundo:

www.men-care.org/soaf